

**ICCH**  
**International Catholic Community of Heidelberg**

St. Michael's Church, Kirschgartenstr. 35, 69126 Heidelberg Südstadt  
06221/13020 – office Fr. Christof Heimpel

Today's readings: 2 Kgs 4:42-44 | Eph 4:1-6 | Jn 6:1-15

Welcome Father Benjamin

## July 26, 2015 – 17<sup>th</sup> Sunday in Ordinary Time

The multiplication of the loaves in today's Gospel account from John is an enduring image of the Eucharist. Jesus wanted to use this humble gift of a few loaves and fishes to feed a multitude, and more (12 baskets were left!). Logic and human reason often say to us, "We have no more than five loaves and two fish." But Jesus asks that even such meager provisions as these, together with the trust and generosity of disciples of every age, be stretched to their limits. "Let's see. It will never be enough until we start to give it away."



For the believer, Jesus is much more than a miracle worker; he himself is heavenly food. The believer will never again experience hunger or thirst. As bread sustains life, Jesus will sustain all who approach him in faith. To acknowledge Jesus as the living bread is the ultimate expression of God's love in Christ's death and glorification.

*What does Jesus' Eucharistic presence mean for us? Does our participation in the weekly and daily celebrations of the Lord's meal transform us into people of gratitude, loving kindness, justice and charity? In what ways does the Eucharist symbolize the life we are living and our life symbolize the Eucharist? How do we express gratitude? Is the Eucharist giving direction to our life?*

Do we not often wonder where we shall get the means to accomplish what seems good and necessary? Today's miracle reveals the extraordinary resources of life within each of us. In order to sustain our hopes, we must believe in miracles. We must feast on the Body and Blood of the Lord for our real energy and life.

*[Fr Thomas Rosica; shortened from: <http://saltandlighttv.org/blog/category/rosicareflections>]*

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## NEWS

**WELCOME!** - Father Benjamin, also from Nigeria and a student at Frankfurt, will be celebrating mass with us this Sunday since Fathers John and Peter are busy. We thank him for celebrating this mass with our community!

**SOCIAL GATHERING** – Next week, on August 2, after mass we will have our monthly social gathering. Please take some time to spend with the community! It is always a nice opportunity for all members of our community to get to know each other better. Bring a dish to share if possible, or consider volunteering in support of the team for preparing or cleaning up this time.

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If you would like to be added to our email list please send your contact information to:  
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